



## INSIDE:

Social service  
providers

Children & families  
professionals

Food pantries &  
clothing closets

Access this guide  
online

[childcare.hr.iastate.edu](http://childcare.hr.iastate.edu)

2018

# ISU Family Resource Guide

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Your directory for family resources at  
Iowa State University and in the Ames and  
Story County area.

*Developed by Iowa State University Child Care &  
Family Resources*

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## Welcome to the Iowa State University Family Resource Guide!

This resource guide has been developed by Iowa State University Child Care & Family Resources to provide you with information on a wide array of services, resources, and programs available at Iowa State University, the City of Ames, and the Story County community.

We recognize the importance of accessible and affordable child care and family services in attracting a diverse population of students and employees, reducing stress and absenteeism, and increasing retention. We hope this resource guide will assist you in making informed decisions and balancing school, work and parenting.

If you have questions or need additional assistance, we are here to help!

~Julie & Keesha

ISU Child Care & Family Resources  
2623 Bruner Drive, Suite 1010  
Ames, IA 50010  
[ccfamily@iastate.edu](mailto:ccfamily@iastate.edu)  
(515) 294-88-27 or (515) 294-3149



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## **\*Food & Nutrition\***

### ***ISU Campus***

#### **Extension & Outreach**

Iowa State University Extension & Outreach-Spend Smart Eat Smart

<https://spendsmart.extension.iastate.edu/>

Interactive website that helps reduce food expenses by planning before you shop and offers tips to find nutritious items and save at the grocery store.

#### **Food Pantries**

The Shop (Students Helping Our Peers)

Food Sciences Building, Rm 2616, ISU Campus | Operates during fall and spring semesters only

<http://www.theshop.stuorg.iastate.edu/hours-location/>

Non-perishable food and personal hygiene items for all ISU students and faculty/staff in need.

### ***Ames***

#### **Food Assistance**

Good Neighbor Emergency Assistance Fund

613 Clark Ave; Mon-Fri 9 a.m.-12 p.m. for Healthy Food Vouchers. No appointment needed.

(515) 296-1449

<http://gnea.org/about/services/>

Healthy Food Vouchers available to purchase fruits, vegetables, dairy products and meat at local grocery stores. You can receive \$20 in vouchers per quarter. Must provide proof of Story County residency.

Iowa Department of Human Services (DHS) Food Assistance

126 S Kellogg Ave Suite 101, Ames

(515) 292-2035

<http://dhs.iowa.gov/food-assistance>

SNAP EBT (Supplemental Nutrition Assistance Program-Electronic Benefit Transfer) card for food purchases for low-income households. Must meet income guidelines.

Mid-Iowa Community Action (MICA) WIC

230 SE 16<sup>th</sup> St, Ames; Mon-Fri 8 a.m.-4 p.m. Appointment required.

(515) 956-3333

[http://www.wicprograms.org/li/ia\\_50010\\_mica-story-county-family-development-center-ames](http://www.wicprograms.org/li/ia_50010_mica-story-county-family-development-center-ames)

Supplemental food and nutrition education program for women who are pregnant, breastfeeding, or up to 6-month postpartum, infants, and children up to age 5. Must meet income guidelines.

Story County General Assistance – Food Vouchers

126 S Kellogg Ave, Suite 001, Ames; Mon-Fri 8 a.m.-4 p.m.

(515) 663-2930

<http://www.storycountyiowa.gov/345/General-Assistance>

Food vouchers for low-income residents in Story County. Must complete application to determine eligibility and provide verification of income.

Story County Veterans Affairs

126 S Kellogg Ave, Suite 201, Ames; Mon-Fri 8 a.m.-4 p.m.

(515) 956-2625

<http://www.storycountyiowa.gov/114/Veterans-Affairs>

Provides food assistance to Story County veterans and/or their family members who were discharged under Honorable Conditions. Veterans must have served 90 consecutive days of active Federal service, not counting training.

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### **Food Pantries**

#### **Bethesda Church Community Food Pantry**

1517 Northwestern Ave, Ames; Mon/Wed 9-11 a.m., Tue 1-3 p.m. and 6-8: p.m., Thu 1-3 p.m.

(515) 232-6256

<http://www.bethesdanet.org/site/resources/community-food-pantry/>

Open to the public.

#### **Calvary United Methodist Church Food Pantry**

1403 24<sup>th</sup> St, Ames; Tue 2-3 p.m.

(515) 232-6329

<http://www.methodistsites.com/calvary/>

#### **Food at First Food Pantry “Free Market”**

First Christian Church, 611 Clark Ave, Ames; Mon/Thu 4-5 p.m., Sat 10-10:30 a.m.

(515) 344-4357

<https://foodatfirst.wordpress.com/food-pantry/>

Perishable food pantry. Open to the public.

#### **Mid-Iowa Community Action (MICA) Pantry**

230 SE 16<sup>th</sup> St, Ames

(515) 956-3333

<http://www.homelesshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=3546>

Can visit once every 2 months. Must provide proof of Story County residency.

### **Grocery Stores & Markets**

#### **ALDI**

1301 Buckeye Ave, Ames; Mon-Fri 9 a.m.-9 p.m., Sat 11 a.m.-4 p.m., Sun 9 a.m.-8 p.m.

#### **Ames Asia Market**

819 Wheeler St #5, Ames

#### **Ames Asia Market (West)**

130 Dotson Dr, Ames

#### **Ames British Foods**

3100 S Duff Ave, Ames; Mon-Thu and Sun 11 a.m.-11 p.m., Fri-Sat 11-2 a.m.

#### **Asia Foods Store**

516 Lincoln Way, Ames

#### **Fareway Grocery**

3619 Stange Rd, Ames; Mon-Sat 7 a.m.-9 p.m.

#### **Fareway Grocery**

619 Burnette Ave, Ames; Mon-Sat 7 a.m.-9 p.m.

#### **Hy-Vee**

640 Lincoln Way, Ames; Open 24 hours

#### **Hy-Vee (West)**

3800 Lincoln Way, Ames; Open 24 hours

#### **Pammel Grocery**

113 Colorado Ave, Ames; Mon-Sat 10 a.m.-8 p.m., Sun 12-7 p.m.

Specializes in Pakistani, Indian and Middle Eastern groceries.

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**Sam's Club**

305 Airport Rd, Ames; Mon-Fri 10 a.m.-8:30 p.m., Sat 9 a.m.-8:30 p.m., Sun 10 a.m.-6 p.m.  
A variety of bulk grocery items.

**Walmart Supercenter**

534 S Duff Ave, Ames; Open 24 hours

**Walmart**

3015 Grand Ave, Ames; Open 24 hours

**Wheatsfield Cooperative**

413 Northwestern Ave, Ames; Mon-Sun 7 a.m.-9 p.m.  
Local, natural and certified organic foods.

**Meal Programs**

**Food at First Free Meal Program**

First Christian Church, 611 Clark Ave, Ames; Sun-Fri 5-6 p.m., Sat 11 a.m.-12 p.m.  
(515) 344-4357

<https://foodatfirst.wordpress.com/meal-program/>

Meals open to the public.

**Meals on Wheels**

Mary Greeley Medical Center, 1111 Duff Ave, Ames

(515) 239-6730 on weekdays, (515) 239-2173 on weekends and holidays

<http://www.mgmc.org/medical-services/older-adult/meals-on-wheels/>

Delivers nutritious meals. Reduced meal rates are available for those in need. Minimum order of 3 days per week.

***Colo/Nevada***

**Extension & Outreach**

Iowa State University Extension & Outreach Nutrition Education

220 H Ave, Nevada

(515) 382-6551

<http://www.extension.iastate.edu/story/>

Programs that help parents provide nutritious food for their families. Delivers nutrition education to low-income families with children under age 10. Must meet income guidelines.

**Food Pantries**

Nevada Community Cupboard

1110 11 St, Nevada; Sat 10-11:30 a.m.

(515) 382-4440

[http://www.mlcnevada.org/community\\_services.htm](http://www.mlcnevada.org/community_services.htm)

Food items available to help families make ends meet.

**Grocery Stores & Markets**

Cook's Grocery

1116 Lincoln Hwy, Nevada

Fareway Grocery

1505 S B Ave, Nevada; Mon-Sat 8 a.m.-9 p.m.

Farmland Foods

68810 Lincoln Hwy, Colo

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### **Meal Programs**

Food at First

First United Methodist Church, 1036 7<sup>th</sup> St, Nevada; Mon/Thu 5:30-6 p.m.

(515) 382-6536

<http://www.cityofnevadaiaowa.org/nevada-community-family-services.php>

Free evening meal. All are welcome.

## ***Gilbert/Milford Twp/Roland/Story City***

### **Food Pantries**

Loaves and Fishes Food Pantry

510 Pennsylvania Ave, Story City; Sat 10 a.m.-12 p.m.

<http://www.foodpantries.org/li/loaves-and-fishes-food-pantry>

Can visit once per month for 6 months. Must provide proof of Gilbert, Story City or Roland residency.

### **Grocery Stores & Markets**

Harlan's Food Mart

306 Washington St, Story City

## ***Huxley/Kelley/Sheldahl/Slater***

### **Food Pantries**

Huxley Food Pantry

Located in the Ark (the brick house directly south of Fjeldberg Lutheran Church, 209 N 2<sup>nd</sup> Ave, Huxley);

Wed 6-7 p.m.

(515) 460-0427

<http://www.fjeldberglutheran.org/food-pantry.html>

Slater/Sheldahl Food Pantry

411 Third Ave, Slater; Wed 7:30-8:30 p.m.

(515) 228-3600

[http://fcfhiowa.bowmansystems.com/?option=com\\_cpx&task=resource&id=664232](http://fcfhiowa.bowmansystems.com/?option=com_cpx&task=resource&id=664232)

Can visit once per month. Open to Story County residents.

### **Grocery Stores & Markets**

Fareway Grocery

902 US 69, Huxley; Mon-Sat 8 a.m.-9 p.m.

Town & County Market

308 Main St, Slater

## ***Cambridge/Collins/Maxwell***

### **Food Pantries**

Local Food Pantry

First Presbyterian Church, 221 Main St, Maxwell; open the 3<sup>rd</sup> Tuesday of each month 6-7 p.m.

[http://www.maxwellumc.org/index.php?option=com\\_content&view=article&id=59&Itemid=71](http://www.maxwellumc.org/index.php?option=com_content&view=article&id=59&Itemid=71)

Open to anyone living in the Maxwell and Collins community.

### **Grocery Stores & Markets**

Logsdon's Grocery  
92 Main St, Maxwell

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### ***McCallsburg/Zearing***

#### **Food Pantries**

Zearing and McCallsburg Food Bank

Zearing City Hall, 105 West Main St, Zearing; Wed 5:30-7 p.m.

<http://fcfiowa.bowmansystems.com/index.php/component/cpx/?task=resource&id=664549&tab=1>

Can visit once every 2 weeks. Open to anyone living in the McCallsburg and Zearing area.

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## **\*Housing\***

### ***ISU Campus***

#### **Campus Family Housing**

Schilletter (SV) and University Village (UV) Campus Apartments  
ISU Campus  
(515) 294-5360

<http://www.housing.iastate.edu/places/apts/single>

UV available to freshman 19 or older and all sophomore, junior, senior and graduate students. SV available to any student who is married or in a domestic partner relationship and/or has dependent children.

### ***Ames***

#### **Rent & Utilities Assistance**

City of Ames Deposit and First Month's Rent Program  
City Hall, Planning & Housing Department, 515 Clark Ave Room 214, Ames; Mon-Fri 8 a.m.-5 p.m.  
(515) 239-5380

<http://www.cityofames.org/index.aspx?page=535>

Assists eligible low-income households with up to \$1,200 towards rental deposits and/or first month's rent.

City of Ames Housing Division  
City Hall, 515 Clark Ave, Ames  
(515) 239-5400

<http://www.cityofames.org/index.aspx?page=155>

Provides affordable housing for those facing economic challenges (Section 8 Low Income Housing Program). Waiting period for assistance is approximately 12-24 months.

#### **Emergency Residence Project**

225 S Kellogg Ave, Ames; applications for rent/utility assistance accepted Mon/Thu 9 a.m.-3:30 p.m.  
(515) 232-8075

<http://www.amesshelter.org/rentutilities/>

Provides homeless prevention assistance (rent/utility) to Story County residents who are facing evictions or the loss of their heat and lights. Financial assistance limited to once in a 12 month period.

#### **Good Neighbor Emergency Assistance Fund**

508 Kellogg Ave, Ames  
(515) 296-1449

<http://www.cityofnevadaiaowa.org/nevada-community-family-services.php>

Provides emergency rent and utility assistance to individuals and families in Story County.

#### **Love Your Neighbor Emergency Assistance**

St. Thomas Aquinas Church and Catholic Student Center, 2210 Lincoln Way, Ames  
(515) 292-3810

<https://staparish.net/social-justice/love-your-neighbor-emergency-assistance>

Provides emergency utility, rental, or deposit assistance to up to 10 Story County families per week. Must not have been helped by a parish fund within the previous 12 months. Must provide proof of bills. Must call for appointment any Thursday at 8 a.m. Please do not leave a voicemail.

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Mid-Iowa Community Action (MICA) Low Income Home Energy Assistance Program (LIHEAP)  
230 SE 16<sup>th</sup> St, Suite 100, Ames; Mon/Tue/Thu 9 a.m.-3 p.m. (by appointment), Wed 9 a.m.-12 p.m.  
(walk-in) and 1-3 p.m. (by appointment), Fri 9 a.m.-12:00 p.m. (by appointment)  
(515) 956-3333

<http://www.benefits.gov/benefits/benefit-details/1546>

Bill payment assistance, energy crisis assistance, and weatherization and energy-related home repairs.  
Must be an Iowa resident and meet income guidelines.

Story County General Assistance – Rent and Utilities  
126 S Kellogg Ave, Suite 001, Ames; Mon-Fri 8 a.m.-4:30 p.m.  
(515) 663-2930

<http://www.storycountyiowa.gov/index.aspx?NID=341>

Rent and utilities assistance for low-income residents in Story County who have exhausted all other funding.

Story County Veterans Affairs  
126 S Kellogg Ave, Suite 201, Ames; Mon-Fri 8 a.m.-4:30 p.m.  
(515) 956-2625

<http://www.storycountyiowa.gov/index.aspx?nid=114>

Provides rent, mortgage and utilities assistance to Story County veterans and/or their family members who were discharged under Honorable Conditions. Veterans must have served 90 consecutive days of active Federal service, not counting training.

### Service Providers

ICS Advanced Technologies  
235 Alexander Ave, Ames; Mon-Fri 8 a.m.-5 p.m.  
(515) 232-4453

<http://www.ics-llc.net/>

Internet, DIRECTV and Security & Surveillance system service provider.

ISUNET  
618 Douglas Ave, Ames; Mon-Fri 8 a.m.-8 p.m., Sat 10 a.m.-2 p.m.  
(515) 233-4777

<http://www.opencom.net/>

Internet service provider.

Mediacom  
225 S Dayton Ave, Ames; Mon-Tue and Thu-Fri 8 a.m.-5 p.m., Wed 9 a.m.-5 p.m.  
(800) 332-0245

<https://mediacomcable.com/site/index.html>

Cable TV, Internet, Phone and Home Security service provider.

### Utility Service

Alliant Energy  
(800) 255-4268

<https://www.alliantenergy.com/>

Provides electric and gas services. Pay your bill online or by mail.

**\*\*Services provided to all of Story County.**

City of Ames Municipal Utilities  
City Hall, 515 Clark Ave, Ames; Mon-Fri 8 a.m.-5 p.m.



(515) 239-5120

<http://www.cityofames.org/index.aspx?page=179>

Provides electric, water and sewer services to the Ames community.

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## ***Colo/Nevada***

### **Rent & Utilities Assistance**

City of Nevada Housing Information

1209 6<sup>th</sup> St, Nevada

(515) 382-5466

<http://www.cityofnevadaiaowa.org/nevada-community-housing.php>

All housing inquiries. Provides low income housing assistance.

Good Samaritan

Nevada

(515) 382-2974

[http://www.mlcnevada.org/community\\_services.htm](http://www.mlcnevada.org/community_services.htm)

Offers assistance for rent or utilities for those in Nevada or Eastern Story County.

### **Service Providers**

Colo Telephone Co

303 Main St, Colo; Mon-Fri 8 a.m.-4:30 p.m.

(641) 377-2202

<http://www.colotel.org/>

Internet and Phone service provider.

Midiowa Net

415 S 11<sup>th</sup> St, Nevada; Mon-Fri 7:30 a.m.-5:30 p.m.

(515) 382-2124

<http://www.midiowa.net/>

Internet service provider.

### **Utility Service**

City of Nevada Water and Sewer

City Hall, 1209 6<sup>th</sup> St, Nevada; Mon-Fri 8 a.m.-5 p.m.

(515) 382-5466

<http://www.cityofnevadaiaowa.org/nevada-community-utilities.php>

Provides water and sewer services.

## ***Gilbert/Milford Twp/Roland/Story City***

### **Service Providers**

Stratford Mutual Telephone

(515) 838-2390

<http://stratfordtelephone.com/>

Cable TV, Internet and Phone service provider.

### **Utility Service**

City of Roland Water and Sewer

City Hall, 202 E Ash St, Roland

(515) 388-4861

<http://cityofroland.org/>

Norsemen Electric Company  
904 Elm Ave, Story City  
(515) 733-6321  
Provides gas, water and electric services.

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Story City Municipal Electric Utility  
525 Hillcrest Ave, Story City  
(515) 733-4991  
Provides gas, water and electric services.

### ***Huxley/Kelley/Sheldahl/Slater***

#### **Maintenance Assistance**

LMI Home Repair or Maintenance Program  
City of Huxley, 515 N Main Ave, Huxley  
(515) 597-2561

<http://www.huxleyiowa.org/city-of-huxley-programs.html>

Homeowners in Huxley that meet income requirements could possibly receive 70% of improvement cost up to \$3,500 for home improvements/maintenance, such as roof repair, furnace replacement, etc.

#### **Service Providers**

Huxley Communications  
102 N Main Ave, Huxley  
(515) 597-2281  
<http://www.huxcomm.net/>  
Cable TV, Internet and Phone service provider.

#### **Utility Service**

City of Huxley Water and Sewer  
515 N Main Ave, Huxley  
(515) 597-2562  
<http://www.huxleyiowa.org/public-works.html>

### ***Cambridge/Collins/Maxwell***

#### **Utility Service**

City of Cambridge Water and Trash  
(515) 220-4541  
<http://www.cambridge-ia.us/cityinfo.html>

City of Maxwell Water/Sewer/Garbage  
(515) 387-8655  
<http://www.welcometomaxwell.com/city-government/utilities>

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**\*Clothing/Shopping\***

**ISU Campus**

**Iowa State University Bookstore**

Memorial Union, ISU Campus  
(515) 294-5684

<http://www.isubookstore.com/SiteText.aspx?id=541>

Clothing for children and adults.

**Ames**

**Malls**

North Grand Mall  
2801 Grand Ave, Ames; Mon-Sat 10 a.m.-9 p.m., Sun 12-5 p.m.  
(515) 232-3679

<http://www.northgrandmall.com/>

Single-level shopping center.

**Re-sale/Clothing Closets**

Bethesda Clothing Closet  
Bethesda Lutheran Church, 1517 Northwestern Ave, Ames; Mon/Wed 9:30-11 a.m., Tue 6:30-8 p.m.  
(515) 232-6256

<http://www.bethesdanet.org/site/resources/clothing-closet/>

Can visit once per calendar month. 3 of each item (t-shirts, shorts, pants, shoes) may be selected for each family member with the exception of coats and boots. 1 coat and 1 pair of boots may be selected for each family member for each season. Must bring a form of identification with your name and address.

**Duck Worth Wearing**

232 Main St, Ames; Mon-Wed and Fri 10 a.m.-7 p.m., Thu 10 a.m.-8 p.m. Sat 10 a.m.-5 p.m.,  
Sun 1-5 p.m.  
(515) 233-4901

<http://www.duckworthwearing.com/>

Children's and maternity resale store.

**Goodwill Store**

3718 Lincoln Way; Mon-Fri 9 a.m.-9 p.m., Sat 9 a.m.-6 p.m., Sun 12-5 p.m.  
(515) 292-8454

<http://www.hours-locations.com/goodwill/ia/ames/>

Low cost clothing, furniture, etc.

**The Loft**

233 Main St, Ames; Mon-Wed and Fri 10 a.m.-7 p.m., Thu 10 a.m.-8 p.m., Sat 10 a.m.-5 p.m.,  
Sun 1-5 p.m.

(515) 232-9053

<http://www.theloftames.com/>

Resale clothing store for teens to adults.

The Salvation Army  
703 E Lincoln Way, Ames  
(515) 233-3567  
Thrift store.

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Suited for Work Clothing Closet  
130 South Sheldon, Suite 305, Ames; Mon and the third Sat of each month 11 a.m.-1 p.m., Thu 5-7 p.m.  
(515) 232-6064

<http://fcfhiowa.bowmansystems.com/index.php/component/cpx/?task=resource&id=662566&tab=1>

Available to FIP recipients and low-income men and women in Story County who have found employment or who are actively seeking employment. Must have a referral from ACCESS, Beyond Welfare, DHS, ERP, Iowa Workforce Development Center, MICA, YSS, or WIC.

### ***Colo/Nevada***

#### **Re-sale/Clothing Closets**

Harmony Clothing Closet  
1122 6<sup>th</sup> St, Nevada; Mon 4:30-7 p.m., Sat 8 a.m.-12 p.m.  
(515) 382-2211

<http://www.mlcnvada.org/harmonyclothingcloset.htm>

Shoes, coats, and clothing for infant through adult age. Formal clothing wear can be seen by appointment only.

### ***Gilbert/Milford Twp/Roland/Story City***

#### **Malls**

Factory Stores of America  
324 Factory Outlet Dr, Story City; Mon-Sat 10 a.m.-8 p.m., Sun 12-5 p.m.  
(515) 733-5242

#### **Re-sale/Clothing Closets**

2<sup>nd</sup> Time Around  
521 Broad St, Story City; Mon/Tue/Wed/Fri 10 a.m.-5 p.m., Thu 10 a.m.-7 p.m., Sat 10 a.m.-4 p.m.  
(515) 733-2732

<http://www.reuse2recycle.info/>

Consignment shop offering clothes and accessories.

Resale Power Group of Iowa  
11820 567<sup>th</sup> Ave, Story City  
(515) 733-2378  
Consignment shop.

### ***Cambridge/Collins/Maxwell***

#### **Re-sale/Clothing Closets**

The Open Door  
United Methodist Church, 501 2<sup>nd</sup> St, Maxwell; open the 3<sup>rd</sup> Tuesday of each month 6-7 p.m.  
(515) 236-0142

[http://www.maxwellumc.org/index.php?option=com\\_content&view=article&id=59&Itemid=71](http://www.maxwellumc.org/index.php?option=com_content&view=article&id=59&Itemid=71)

Offers clothing, toys, household items, and miscellaneous items at no cost to anyone who may be able to use them.

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## **\*Health Care Services\***

### ***ISU Campus***

#### **ISU Thielen Student Health Center**

ISU Campus, Corner of Sheldon Ave and Union Dr, Ames; Mon-Tue and Thu-Fri 7:30 a.m.-5 p.m.,  
Wed 8:30 a.m.-5 p.m.

(515) 294-5801

<http://www.cyclonehealth.org/>

### ***Ames***

#### **Dental Clinics**

Ames Center for Cosmetic & Family Dentistry

415 S Duff Ave, Ames

(515) 956-3700

<http://www.docrockdds.com/>

Ames Family Dental

2625 University Blvd, Ames; Mon-Thu 8 a.m.-5 p.m., Fri 8 a.m.-4 p.m.

(515) 233-2898

<http://www.amesfamilydental.com/>

Ames Oral Surgeons PC

1212 Duff Ave #101

(515) 232-6830

<http://www.amesoralsurgeons.com/>

Ames Pediatric Dental

2208 Philadelphia St, Ames; Mon-Thu 7 a.m.-5 p.m.

(515) 956-3423

<http://www.amespediatricdental.com/>

Aspen Dental

806 S Duff Ave, Ames; Mon/Wed/Thu 9 a.m.-6 p.m., Tue 11 a.m.-8 p.m., Fri 8 a.m.-5 p.m.

(515) 337-2632

[https://www.aspendental.com/dentist/ames-ia-50010-](https://www.aspendental.com/dentist/ames-ia-50010-6823?utm_source=GooglePlaces&utm_medium=LOCiqGooglePlaces&utm_term=Ames%20IA&utm_campaign=LOCiqGooglePlaces)

[6823?utm\\_source=GooglePlaces&utm\\_medium=LOCiqGooglePlaces&utm\\_term=Ames IA&utm\\_campaign=LOCiqGooglePlaces](https://www.aspendental.com/dentist/ames-ia-50010-6823?utm_source=GooglePlaces&utm_medium=LOCiqGooglePlaces&utm_term=Ames%20IA&utm_campaign=LOCiqGooglePlaces)

Consamus and Hampton

3324 Orion Dr, Ames; Mon-Thu 7 a.m.-6 p.m., Fri 7 a.m.-3 p.m.

(515) 232-2007

<http://www.consamusandhamptondds.com/>

Dentistry at Somerset

2720 Stange Rd, Ames; Mon/Wed/Fri 8 a.m.-4 p.m., Tue/Thur 9 a.m.-5 p.m.  
(515) 268-0516  
<https://www.dentistryatsomerset.com/>

Expressions Dental  
515 Grand Ave #101, Ames; Mon-Thu 8 a.m.-5 p.m.  
(515) 232-0558  
<http://www.expressions-dental.com/>

Grandgenett Dentistry  
2208 Philadelphia St, Ames; Mon-Thu 7 a.m.-5 p.m.  
(515) 956-3426  
<http://www.amesfamilydentist.com/>

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Herrick Dental  
620 5<sup>th</sup> St, Ames; Mon-Thu 8 a.m.-5 p.m.  
(515) 233-3778  
<http://jeffherrickdental.com/>

Kearney Brannan & Glotfelty, DDS  
1226 Duff Ave, Ames  
(515) 232-6775

Lifepoint Dental Partners  
137 Lynn Ave, Ames  
(515) 292-7262  
<http://lifepointdental.com/>

Metzger Family Dental  
1015 Duff Ave, Ames; Mon-Fri 9 a.m.-5 p.m.  
(515) 232-4236  
<http://www.metzgerfamilydental.com/>

Overman Family Dentistry  
1606 Golden Aspen Dr #110, Ames; Mon-Fri 9 a.m.-5 p.m.  
(515) 232-7000  
<http://www.overmanfamilydentistry.com/>

Pyfferoen Pediatric Dentistry  
301 5<sup>th</sup> St, Ames; Mon-Thu 8 a.m.-5 p.m., Fri 8 a.m.-1 p.m.  
(515) 232-0994  
<http://www.ameskidsdentist.com/>

Staniforth-Calhoun-Hawthorne Dental  
616 5<sup>th</sup> St, Ames; Mon-Fri 8 a.m.-5 p.m.  
(515) 232-5401  
<http://www.fifthstreetdentalames.com/>

Stark Smiles  
1212 Duff Ave, Ames; Mon-Fri 7:30 a.m.-4:30 p.m.  
(515) 232-2255  
<http://www.starksmiles.com/>

Stoltze & Stoltze Family Dentistry  
511 Duff Ave #200, Ames; Mon-Thu 8 a.m.-12 p.m. and 1-5 p.m., Fri 8 a.m.-1 p.m.  
(515) 233-3797



<http://www.stoltzeandstoltze.com/>

Story County Dental Clinic  
226 SE 16<sup>th</sup> St, Ames; Mon-Thu 8 a.m.-6 p.m.  
(515) 598-5298

<http://www.micaonline.org/#!/dental/cyld>

Offers a range of low cost dental services to low-income patients of all ages. By appointment only.

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Swanson Family Dental  
1212 Duff Ave, Ames; Mon-Thu 9 a.m.-5 p.m., Fri 8:30 a.m.-1 p.m.  
(515) 233-2174

<http://swansonfamilydental.com/>

### Eye Centers

Ames Eye Clinic  
201 10<sup>th</sup> St, Ames; Mon-Fri 8 a.m.-5:30 p.m.  
(515) 232-3451

<http://www.ameseyeclinic.com/>

Eye Mart  
Lincoln Center, 620 Lincoln Way #6, Ames; Mon-Fri 10 a.m.-7 p.m., Sat 10 a.m.-5 p.m.  
(515) 598-5111

<http://www.eyemartopticaloutlet.com/>

Eye.Works  
2701 Stange Rd #100, Ames; Mon-Thu 9 a.m.-6 p.m., Fri 9 a.m.-4 p.m., Sat 9 a.m.-2 p.m.  
(515) 232-4003

McFarland Eye Center  
3600 Lincoln Way, Ames; Mon-Fri 8 a.m.-5 p.m.  
(515) 663-4888

McFarland Clinic-Duff Avenue Eye Center  
1128 Duff Ave, Ames; Mon-Fri 8 a.m.-5 p.m.  
(515) 239-4400

<http://www.mcfarlandclinic.com/locations/ames/eye-centers-duff-avenue/#.VaQYW03bK70>

Pearle Vision  
2634 Stange Rd, Ames; Mon/Wed/Fri/Sat 9 a.m.-6 p.m., Tue/Thu 9 a.m.-8 p.m.  
(515) 232-5627

<http://stores.pearlevision.com/21002560/Ames-IA-Stange-Road/>

Vogue Optical  
2526 Lincoln Way, Ames  
(515) 292-0061  
<http://www.voguevision.com/>

Walmart Vision Center  
534 Duff Ave, Ames  
(515) 956-3553

Whyllie Eye Care Center  
819 Wheeler St #7; Mon-Fri 8:30 a.m.-5 p.m., Sat 8:30 a.m.-12 p.m.  
(515) 232-1844

<http://whylies.com/>

Wolfe Eye Clinic

2020 Philadelphia St, Ames; Mon-Fri 8 a.m.-5 p.m.

(515) 232-2450

<http://www.wolfeeyec clinic.com/locations/ames>

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YOUnique Eyewear

301 Main St Ste 5, Ames; Mon-Fri 10 a.m.-5 p.m., Sat 10 a.m.-2 p.m.

(515) 232-1436

<http://youniqueeyewear.com/>

**General Assistance**

Planned Parenthood

2530 Chamberlain St, Ames; Mon 12-8 p.m., Tue 1-5 p.m., Wed 9 a.m.-2 p.m., Thu/Fri 9 a.m.-5 p.m.

(877) 811-7526

<http://www.plannedparenthood.org/health-center/iowa/ames/50014/ames-center-2385-90380>

Provides reproductive health care and education to women and men. Costs are based on a sliding fee scale.

Primary Health Care

3510 Lincoln Way, Ames; Mon-Fri 8 a.m.-5 p.m.

(515) 232-0628

<http://www.phcinc.net/>

Provides follow-up, continuity of care, pharmacy assistance, and supportive services to medically insured, uninsured and underinsured patients in need. Costs are based on sliding fee scale.

Story County General Assistance – Emergency Medical Treatment and Prescription Drugs

126 S Kellogg Ave, Suite 001, Ames; Mon-Fri 8 a.m.-4:30 p.m.

(515) 663-2930

<http://www.storycountyiowa.gov/index.aspx?NID=341>

Emergency medical treatment and prescription drugs assistance for low-income residents in Story County who have exhausted all other funding.

Story County General Assistance – NACo Prescription Drug Discount Program

126 S Kellogg Ave, Suite 001, Ames; Mon-Fri 8 a.m.-4:30 p.m.

(515) 663-2930

<https://www.storycountyiowa.gov/index.aspx?NID=345>

Offers a prescription drug discount card to Story County residents who have no prescription drug insurance coverage or have certain needed medications that are not covered.

Story County Veterans Affairs

126 S Kellogg Ave, Suite 201, Ames; Mon-Fri 8 a.m.-4:30 p.m.

(515) 956-2625

<https://www.storycountyiowa.gov/index.aspx?nid=114>

Provides prescription medication, medical, dental, and vision care assistance to Story County veterans and/or their family members who were discharged under Honorable Conditions. Veterans must have served 90 consecutive days of active Federal service, not counting training.

**Health Insurance**

Iowa Department of Human Services (DHS) Hawk-I

126 S Kellogg Ave, Suite 101, Ames

(515) 292-2035

<http://www.hawk-i.org/>

Offers low-cost or free health care coverage for uninsured children of working families. Offers dental only coverage for children who have health insurance but may not have dental coverage.

Iowa Department of Human Services (DHS) Medicaid

126 S Kellogg Ave, Suite 101, Ames

(515) 292-2035

<http://dhs.iowa.gov/ime/members>

Provides health care coverage for low-income parents with children, children, those with disabilities, elderly people, and pregnant women.

Iowa Department of Human Services (DHS) [Table of Contents](#)

126 S Kellogg Ave, Suite 101, Ames

(515) 292-2035

<http://www.medicare.gov/>

Health and hospital insurance for individuals who are 65 years and older, and for those who are disabled.

### **Hospital**

Mary Greeley Medical Center

1111 Duff Ave, Ames

(515) 239-2011

<http://www.mgmc.org/>

### **Medical Clinics**

Ames Area Free Obstetrical Clinic-Mobile Clinic

Bethesda Lutheran Church, 1517 Northwestern Ave, Ames; Call for hours

(515) 282-2228

Offers free services to low income women. Must be pregnant to receive services.

Ames Free Medical Clinic

First United Methodist Church, 516 Kellogg, Ames; Thu 6-8 p.m.

(515) 233-5910 \*answered during clinic hours only

[http://www.freemedicalsearch.org/det/Ames\\_Free\\_Medical\\_Clinic](http://www.freemedicalsearch.org/det/Ames_Free_Medical_Clinic)

Provides health care services at a free or reduced rate. No prenatal care or dental care.

McFarland Clinic-1215 Duff Avenue Office

1215 Duff Ave, Ames; Mon-Fri 8 a.m.-5 p.m., Sat 8 a.m.-12 p.m.

(515) 239-4400

McFarland Clinic-Family Medicine East Office

1018 Duff Ave, Ames; Mon-Fri 8 a.m.-5 p.m., Sat 8 a.m.-12 p.m.

(515) 663-8621

After hours care: Mon-Fri 5-9 p.m., Sat-Sun 10 a.m.-6 p.m., Holidays 10 a.m.-4 p.m.,

Closed Thanksgiving Day

McFarland Clinic-Medical Arts Building

1015 Duff Ave, Ames; Mon-Fri 8 a.m.-5 p.m.

(515) 239-4400

McFarland Clinic-North Ames Office

3815 Stange Rd, Ames; Mon-Fri 8 a.m.-5 p.m.

(515) 956-4050

McFarland Clinic-Somerset Office

2707 Stange Rd, Ames; Mon-Fri 7 a.m.-6 p.m.

(515) 956-4014

Story Medical Clinic-Natural Health  
431 S Duff St, Suite B; Mon-Thu 9 a.m.-6 p.m.  
(515) 232-2979

<http://www.storymedical.org/Clinics/ANHC/index.aspx>

Provides natural health services to medically insured, uninsured and underinsured Story County residents. Financial assistance may be available.

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## **Colo/Nevada**

### **Dental Clinics**

Family Dentistry  
936 7<sup>th</sup> St, Nevada  
(515) 382-6960  
<http://nevadaaiowadentist.com/>

Stephenson Dental  
1044 Fawcett Pkwy Ste C, Nevada; Mon-Wed/Fri 8 a.m.-5 p.m., Thu 8 a.m.-12 p.m.  
(515) 382-5542  
<http://www.drberniestephenson.com/>

### **Eye Centers**

McFarland Clinic-Nevada Eye Center  
1014 6<sup>th</sup> St, Nevada; Mon-Fri 8 a.m.-5 p.m.  
(515) 382-4626  
<http://www.mcfarlandclinic.com/locations/nevada/nevada-eye-center/#.VaQgtU3bK70>

Nevada Vision Clinic  
1731 S G Ave, Nevada; Mon 8 a.m.-7 p.m., Tue/Wed/Fri 8 a.m.-5 p.m., Thu 8 a.m.-12 p.m.  
(515) 382-2744  
<http://visionsource-nevadavisionclinic.com/>

### **Medical Clinics**

McFarland Clinic-Nevada  
230 6<sup>th</sup> St, Nevada; Mon-Fri 8 a.m.-5 p.m., Sat 8 a.m.-12 p.m.  
(515) 382-5471

Story Medical Clinic-Nevada  
519 F Ave, Nevada  
(515) 382-5413  
<http://www.storymedical.org/Clinics/NMC/index.aspx>  
Provides health services to medically insured, uninsured and underinsured Story County residents. Offers health coaching services at no charge. Financial assistance may be available.

Story County Medical Center-North Campus  
630 6<sup>th</sup> St, Nevada  
(515) 382-2111

Story County Medical Center-South Campus  
640 S 19<sup>th</sup> St, Nevada  
(515) 382-2111

### ***Gilbert/Milford Twp/Roland/Story City***

#### **Dental Clinics**

Barnes & Senti DDS  
1461 Broad St, Story City  
(515) 733-4441

Cook Family Dentistry  
619 Elm Ave #5, Story City  
(515) 733-5031

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#### **Eye Centers**

Wolfe Family Vision Center  
619 Broad St, Story City  
(515) 733-6900

#### **Medical Clinics**

McFarland Clinic-Story City  
705 8<sup>th</sup> St, Story City; Mon-Fri 8 a.m.-5 p.m.  
(515) 733-5191

### ***Huxley/Kelley/Sheldahl/Slater***

#### **Dental Clinics**

Ballard Dental Associates  
408 Campus Dr, Huxley; Mon-Thu 7 a.m.-5 p.m., Fri 8 a.m.-12 p.m.  
(515) 597-5300  
<http://www.ballarddentalassociates.com/>

#### **Eye Centers**

Huxley Vision Clinic  
303 S US Hwy 69 #A, Huxley; Mon 10 a.m.-7 p.m., Tue-Fri 8 a.m.-5 p.m.  
(515) 597-5200  
<http://visionsource-huxleyvisionclinic.com/>

#### **Medical Clinics**

Story Medical Clinic-Slater  
600 S Linn St #B, Slater  
(515) 685-3960  
<http://www.storymedical.org/>

UnityPoint Clinic Family Medicine at Huxley  
305 US 69, Huxley  
(515) 597-2600  
<https://www.unitypoint.org/clinics/Default.aspx>

### ***Cambridge/Collins/Maxwell***

#### **Medical Clinics**

Story Medical Clinic-Maxwell  
403 First St, Maxwell

(515) 387-8815

<http://www.storymedical.org/Clinics/MMC/index.aspx>

Offers general family health care for acute or chronic health concerns to medically insured, uninsured and underinsured Story County residents. Financial assistance may be available.

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### ***McCallsburg/Zearing***

#### **Medical Clinics**

Story Medical Clinic-Zearing

112 West Main St, Zearing

(641) 487-7779

<http://www.storymedical.org/Clinics/ZMC/index.aspx>

Provides health services to medically insured, uninsured and underinsured Story County residents.

Financial assistance may be available.

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## **\*Parenting Resources\***

### ***ISU Campus***

#### **Campus Child Care**

The Comfort Zone-Get Well Program

100 University Village (at the North side of the building), ISU Campus; Mon-Fri 8:30 a.m.-4:30 p.m.

(515) 294-3333

<http://www.universitycommunitychildcare.org/Comfort-Zone.html>

Care for children infancy through 5<sup>th</sup> grade who are mildly ill or recovering from a health problem. Open during the academic year. Closed summers. Must pre-register prior to using services.

**\*Open to the public.**

ISU Child Care & Family Resources

Family Resource Center, 100 University Village, Ames; Mon-Fri 8 a.m.-5 p.m.

(515) 294-8827 or (515) 294-3149

<http://www.hrs.iastate.edu/hrs/childcare>

Provides information to ISU student, faculty and staff parents on child care services, resources, and programs available on campus and in the community. For help paying for child care services, assistance may be available for income eligible student families.

ISU Child Care Center at Veterinary Medicine

1700 Christensen Dr, ISU Campus; Mon-Fri 7 a.m.-6 p.m.

(515) 294-2273

<http://child-care-preschool.brighthorizons.com/IA/Ames/iowastate>

Care is provided for infant through young school-age children. Rates are based on a sliding fee scale.

ISU Child Development Laboratory School

4380 Palmer, Suite 0351, ISU Campus; Mon-Fri 7:30 a.m.-5:30 p.m.

(515) 294-3040

<http://www.cdls.hs.iastate.edu/>

Care is provided for infant through preschool children. Rates are based on a sliding fee scale.

**\*Community Enrollment is accepted.**

University Community Childcare

100 University Village, ISU Campus; Mon-Fri 7 a.m.-5:30 p.m.

(515) 294-9838

<http://www.universitycommunitychildcare.org/>

Care is provided for infant through school-age children. Rates are based on a sliding fee scale.

#### **Parent Support Groups**

ISU Parents As Students Support (PASS) Group

ISU Campus

(515) 294-3149 or [ccfamily@iastate.edu](mailto:ccfamily@iastate.edu)

<https://www.facebook.com/iowastatepass>

Provides opportunities for social connections, support, education, and campus and community resources.

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## Ames

### Child Care Assistance

Iowa Department of Human Services (DHS) Child Care Assistance

126 S Kellogg Ave, Suite 101, Ames

(515) 292-2035

<http://dhs.iowa.gov/child-care>

Financial assistance available to children of income eligible parents who are absent for a portion of the day due to employment or participation in academic or vocational training or PROMISE JOBS activities.

**\*\*Assistance is available in each county throughout the state of Iowa.**

### Off-Campus Child Care Search

Child Care Resource & Referral (CCR&R) of Central Iowa

(515) 246-3563

<http://iowaccrr.org/>

Parent Referral Counselors provide a customized search for a list of child care providers and back-up child care within Central Iowa. You can also conduct a search online.

**\*Assistance is available for each county throughout the state of Iowa.**

Iowa Department of Human Services (DHS) Online Child Care Provider Search

<http://dhs.iowa.gov/childcare>

Find a child care provider to meet your needs and search a listing of all licensed child care centers and registered home providers.

***For information regarding Mid Iowa Community Action (MICA) Head Start Programs for 3 and 4-year olds in your area, please contact the MICA Administrative Offices at (641) 752-7162.***

### Parenting Classes

Lutheran Services of Iowa People Place

Ames

(515) 233-1677

<http://lsiowa.org/index.php/services/children-youth-family/people-place/programs/>

Provides programming on child development, special needs, stress and grief, etc. Many programs are low cost or free for families.

### Parent Support Groups

Central Iowa ASPIRE (Autism Spectrum Parent Information Resources & Education) Support Group

Heartland AEA 11 office, 511 S 17<sup>th</sup> St, Ames; First Tuesday of each month 6:30-8:30 p.m.

(515) 232-7583 ext 12327 or (515) 382-5066

<http://autismchamps.org/parent-support-groups/>

La Leche League International

Northminster Presbyterian Church, 1416 20<sup>th</sup> St, Ames; 1<sup>st</sup> Tuesday of the month @ 7 p.m.

[http://www.lli.org/groups/@lli\\*group\\*ames](http://www.lli.org/groups/@lli*group*ames)

All breastfeeding mothers and mothers-to-be interested in breastfeeding are welcome. Contact Jenny (515) 339-1231 [woodj2@msn.com](mailto:woodj2@msn.com) or Suzanne (515) 233-3927 [scv@iastate.edu](mailto:scv@iastate.edu).

Lutheran Services in Iowa (LSI) People Place

219 6<sup>th</sup> St, Ames; Mon-Fri 9 a.m.-5 p.m.

(515) 233-1677

<http://lsiowa.org/index.php/services/children-youth-family/people-place/>

Community center providing parenting groups, home visits, drop in child care and programming on child development. Many programs are low to no cost for families. Child care is provided at on-site programs.

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### **Schools (Preschool)**

Northwood Preschool Center

3012 Duff Ave, Ames

(515) 268-2470

<http://www.ames.k12.ia.us/schools/northwood-preschool-center/>

Edwards Elementary School

820 Miller Ave, Ames

(515) 239-3760

<http://www.ames.k12.ia.us/schools/edwards-elementary/>

Fellows Elementary School

1400 McKinley Dr, Ames

(515) 239-3765

<http://www.ames.k12.ia.us/schools/fellows-elementary-school/>

Meeker Elementary School

300 20<sup>th</sup> St, Ames

(515) 239-3770

<http://www.ames.k12.ia.us/schools/meeker-elementary-school/>

Mitchell Elementary School

3521 Jewel Dr, Ames

(515) 239-3775

<http://www.ames.k12.ia.us/schools/edwards-elementary-school/>

Sawyer Elementary School

3622 Woodland St, Ames

(515) 239-3790

<http://www.ames.k12.ia.us/schools/sawyer-elementary-school/>

Ames Middle School

3915 Mortensen Rd, Ames

(515) 268-2400

<http://www.ames.k12.ia.us/schools/middle-school/>

Ames High School

1921 Ames High Dr, Ames

(515) 817-0600

<http://www.ames.k12.ia.us/schools/high-school/>

Iowa State University  
Ames, IA  
(515) 294-4111  
<http://www.iastate.edu/>

DMACC (Des Moines Area Community College) Career Academy Hunziker Center  
1420 Bell Ave, Ames  
(515) 663-6700  
<https://go.dmacc.edu/ames/Pages/welcome.aspx>

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## ***Colo/Nevada***

### **Schools**

Nevada Community Preschool  
(515) 382-2383  
Nevada  
<http://www.nevadacubs.org/elementary/grade-sites/preschool>

Central Elementary School  
925 H Ave, Nevada  
(515) 382-2383  
<http://www.nevadacubs.org/elementary>

Nevada Middle School  
1035 15<sup>th</sup> St, Nevada  
(515) 382-2751  
<http://www.nevadacubs.org/middle-school>

Nevada High School  
1001 15<sup>th</sup> St, Nevada  
(515) 382-3521  
<http://www.nevadacubs.org/high-school>

Colo-NESCO Early Learning Center  
400 Latrobe (located in McCallsburg)  
(515) 434-2302  
<http://www.colo-nesco.k12.ia.us/early-learning-center>

Colo-NESCO Elementary School  
407 North Center (located in Zearing)  
(641) 487-7411  
<http://www.colo-nesco.k12.ia.us/elementary-school>

Colo-NESCO Intermediate School  
919 West St, Colo  
(641) 377-2284  
<http://www.colo-nesco.k12.ia.us/intermediate-school>

Colo-NESCO Jr/Sr High School  
919 West St, Colo  
(641) 377-2282

<http://www.colo-nesco.k12.ia.us/schools/jrsrhigh>

### ***Gilbert/Milford Twp/Roland/Story City***

#### **Schools**

Gilbert Elementary School  
109 Rothmoor Dr, Gilbert  
(515) 232-3744  
<http://gilbert.k12.ia.us/elementary/about>

Gilbert Intermediate School  
103 Mathews Dr, Gilbert  
(515) 232-3748  
<http://gilbert.k12.ia.us/intermediate/about>

Gilbert Middle School  
201 E Mathews Dr, Gilbert  
(515) 232-0540  
<http://gilbert.k12.ia.us/middle/about>

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Gilbert High School  
312 Gretten St, Gilbert  
(515) 232-3738  
<http://gilbert.k12.ia.us/high/about>

Roland-Story Elementary School  
900 Hillcrest Dr, Story City  
(515) 733-4386  
<http://www.roland-story.k12.ia.us/es/index.php>

Roland-Story Middle School  
206 S Main, Roland  
(515) 388-4348  
<http://www.roland-story.k12.ia.us/ms/index.php>

Roland-Story High School  
900 Hillcrest Dr and 1009 Story St, Story City  
(515) 733-4329  
<http://www.roland-story.k12.ia.us/hs/index.php>

### ***Huxley/Kelley/Sheldahl/Slater***

#### **Schools**

Ballard West Elementary School (Grades EK-2)  
105 E Main, Slater  
(515) 228-3890  
<http://www.ballard.k12.ia.us/ShowWest.aspx>

Ballard East Elementary School (Grades 3-5)  
505 W 4<sup>th</sup> St, (located in Cambridge)  
(515) 220-4306  
<http://www.ballard.k12.ia.us/ShowEast.aspx>

Ballard Middle School (Grades 6-8)

509 N Main, Huxley  
(515) 597-2815  
<http://www.ballard.k12.ia.us/ShowMS.aspx>

Ballard High School  
701 Ballard Dr, Huxley  
(515) 597-2971  
<http://www.ballard.k12.ia.us/ShowHS.aspx>

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### ***Cambridge/Collins/Maxwell***

#### **Schools**

Collins-Maxwell Elementary  
416 4<sup>th</sup> Ave, Collins  
(641) 385-2446  
<http://www.collins-maxwell.k12.ia.us/>

Collins-Maxwell Middle School-High School  
400 Metcalf St, Maxwell  
(515) 387-1115  
<http://www.collins-maxwell.k12.ia.us/>

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## **\*Support Services\***

### ***ISU Campus***

#### **Counseling & Consultation Services**

Employee Assistance Program (EAP)

ISU Campus

(800) 327-4692

<http://www.efr.org/workplace/my-eap>

Provides free, confidential services to ISU employees and their families, including counseling, legal consultation, financial consultation, elder care and life coaching.

Network Community Counseling Services

Rm 56, Science Hall 1, ISU Campus

(515) 294-1898

<http://www.networkcounseling.com/>

Offers individual and group counseling. Available to ISU students and the public.

Student Counseling Service

Student Services Building-3<sup>rd</sup> Floor, ISU Campus; Mon-Fri 8 a.m.-5 p.m.

(515) 294-5056

<http://www.counseling.iastate.edu/>

Assists ISU students in addressing personal stress, relationship problems, mood or motivation problems, substance abuse, etc.

Student Legal Services

0367 Memorial Union, ISU Campus; Mon-Fri 8 a.m.-5 p.m.

(515) 294-0978

<http://www.dso.iastate.edu/sls/>

Legal advice and assistance in consumer issues, landlord-tenant problems, family law and divorce, etc. Services are free to ISU students and student groups.

Student Loan Education Office

0680 Beardshear Hall, ISU Campus; Mon-Fri 8 a.m.-4:30 p.m. (walk-ins welcomed)

(515) 294-0677

<http://www.financialaid.iastate.edu/loan-education/>

Assists ISU students with reducing their educational borrowing, while learning to effectively manage their finances while pursuing a college degree.

#### **Women's Resources**

**Margaret Sloss Women's Center**

205 Sloss House, ISU Campus; Mon-Fri 8 a.m.-5 p.m.

(515) 294-4154 or [womenctr@iastate.edu](mailto:womenctr@iastate.edu)

Provides a space to relax, study and meet new people. Provides resources, referrals and counseling to all students, staff and faculty at ISU.

**Ames**

**Counseling & Consultation Services**

Ames Counseling and Psychological Services

3600 W Lincoln Way Ste 4, Ames

(515) 239-4410

<http://www.amespsych.com/>

Provides individual, couples and family counseling and psychological evaluations of children and adults.

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Assault Care Center Extending Shelter & Support (ACCESS)

Ames

(515) 292-5378

[https://www.assaultcarecenter.org/en/locations/story\\_county/](https://www.assaultcarecenter.org/en/locations/story_county/)

Provides free and confidential support to victims of sexual violence. Services include sexual and domestic abuse counseling and emergency shelter. For more information, please contact Angie Schreck at [director@assaultcarecenter.org](mailto:director@assaultcarecenter.org).

Creative Counseling Services

208 5<sup>th</sup> St #103, Ames

(515) 233-1699

<http://www.ccsames.org/>

Offers therapy and substance abuse counseling services to individuals and families. To access Behavioral Health Intervention Services (BHIS), the individual must be Medicaid eligible.

Lutheran Services in Iowa (LSI)

1323 Northwestern Ave, Ames

(515) 232-7416

<http://lsiowa.org/>

Provides counseling and therapy services to children, youth and families.

Planned Parenthood

2530 Chamberlain St, Ames; Mon 12-8 p.m.; Tue 1-5 p.m.; Wed 9 a.m.-2 p.m.; Thu-Fri 9 a.m.-5 p.m.

(877) 811-7526

[http://www.plannedparenthood.org/health-center/iowa/ames/50014/ames-center-2385-90380?utm\\_campaign=ames-health-center&utm\\_medium=organic&utm\\_source=local-listing](http://www.plannedparenthood.org/health-center/iowa/ames/50014/ames-center-2385-90380?utm_campaign=ames-health-center&utm_medium=organic&utm_source=local-listing)

Delivers reproductive health care and information to men, women and young adults.

Youth & Shelter Services

Family Life Center, 125 S 3<sup>rd</sup> St, Ames; Mon-Thu 9 a.m.-6 p.m., Fri 9 a.m.-4:30 p.m.

(515) 233-3141

<http://www.yss.ames.ia.us/index.cfm?nodeID=20864&audiencelD=1>

Provides direct care services, such as homeless youth services, adolescent pregnancy prevention, individual and family therapy, mentoring, etc.

Youth & Shelter Services-Stork's Nest

(515) 233-3141 ext. 4410

[http://www.yss.ames.ia.us/en/programs/stork\\_s\\_nest/](http://www.yss.ames.ia.us/en/programs/stork_s_nest/)

The program enrolls women during pregnancy and provides educational classes on infant care, baby clothing, nursery supplies, and referrals to community services and activities.

### **Mental Health & Disability Services**

The Arc of Story County

130 S Sheldon Ave #302, Ames; Mon-Thu 8 a.m.-8 p.m.; Fri 8 a.m.-7 p.m.; Sat 9 a.m.-7 p.m.

(515) 232 9330

<http://www.thearcstory.org/>

Provides family services to individuals with intellectual and developmental disabilities.

Barclay & Associates PC

1525 Airport Rd #101, Ames; Mon-Thu 8:30 a.m.-8:30 p.m., Fri 8:30 a.m.-5 p.m.

(515) 292-3023

<http://www.drbarclay.com/>

Provides mental health services to families.

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Central Iowa Psychological Services

223 Walnut, Ames; Mon-Fri 9 a.m.-5 p.m.

(515) 233-1122

<http://www.iowacounseling.com/>

Offers comprehensive substance abuse services, psychological assessments and counseling for children through adults, couples, and families.

Community & Family Resources

1619 S High Ave, Ames; Mon-Fri 9 a.m.-5 p.m.

(515) 232-5811

<http://www.cfrhelps.org/>

Provides comprehensive substance abuse, problem gambling, prevention, and mental health services.

Eyerly Ball Community Mental Health Services

2521 University Blvd, Ames

(515) 598-3300; Open 24 hours

<http://eyerlyball.org/>

Services offered to individuals age 18 or older who are experiencing a mental health crisis.

Life-Line Resources

410 5<sup>th</sup> St, Ames

(515) 233-2125

<http://www.life-lineresources.com/ames.html>

Provides behavioral health intervention, child mental health, and therapy and counseling services.

Mainstream Living

2012 E 13<sup>th</sup> St, Ames

(515) 232-8405

<http://www.mainstreamliving.org/>

Provides community housing and psychosocial rehabilitation services to individuals with disabilities.

Story County Central Iowa Case Management

126 S Kellogg Ave, Suite 001, Ames; Mon-Fri 8 a.m.-4:30 p.m.

(515) 663-2930

<http://www.storycountyiowa.gov/index.aspx?NID=341>

Provides support and advocacy to people with chronic mental illness and developmental disabilities. Must be enrolled in Medicaid and meet additional criteria.

### **Senior Services**

Heartland Senior Services  
205 S Walnut Ave, Ames  
(515) 233-6986

[https://www.heartlandseniorservices.com/en/about\\_us/](https://www.heartlandseniorservices.com/en/about_us/)

Provides nutrition, adult day care, activities and outreach to all residents over the age of 60 in Story County.

### **Women's Resources**

Birthright of Ames  
108 Hayward Ave #202, Ames; Mon-Wed and Fri 12-5 p.m.; Thu 12-6 p.m.  
(515) 292-8414

<http://birthright.org/en/our-services>

Provides free pregnancy tests, maternity and baby clothes, information on prenatal development and care, and referrals to additional support services.

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Mid-Iowa Community Action (MICA) Maternal Health  
230 SE 16<sup>th</sup> St, Ames  
(515) 956-3333

<http://www.micaonline.org/#!/maternal-health/cgec>

Provides education, resources, and support both pre-and post-partum. Must be pregnant, reside in Story County, qualify for or receive WIC or Medicaid services, and have an income at or below 375% of the federal poverty level.

## ***Colo/Nevada***

### **Counseling & Consultation Services**

Combes Counseling & Consulting  
406 West St, Colo  
(515) 291-4014

Provides family counseling.

Legal Aid Society of Story County  
937 6<sup>th</sup> St, Nevada; Mon-Fri 9 a.m.-5 p.m.  
(515) 382-2471

<http://www.legalaidstory.com/>

Provides low cost or free legal representation to low-income families in Story County.

### **Youth & Shelter Services**

830 6<sup>th</sup> St, Nevada  
(515) 382-6874

[http://www.yss.ames.ia.us/en/locations/eastern\\_story\\_county/](http://www.yss.ames.ia.us/en/locations/eastern_story_county/)

Provides direct care services, such as homeless youth services, adolescent pregnancy prevention, individual and family therapy, mentoring, etc.

### **Mental Health & Disability Services**

Krysilis  
221 S 11<sup>th</sup> St, Nevada  
(641) 585-3050 ext. 204

<http://www.krysilis.org/>

Provides support for individuals with disabilities. Services include living, employment and personal support.

Mosaic

221 S 11<sup>th</sup> St, Nevada

(515) 382-5520

<http://www.mosaicinfo.org/location/mosaic-north-central-iowa>

Provides services for individuals with intellectual disabilities. Services include transportation, vocational training and specialized therapies.

## **Cambridge/Collins/Maxwell**

### **Senior Services**

Heartland Senior Services

84 Main St, Maxwell

(515) 387-1133

<https://www.heartlandseniorservices.com/>

Provides nutrition, adult day care, activities and outreach to all residents over the age of 60 in Story County.

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## **Ames**

### **Ground Transportation**

CIT Signature Transportation

1501 E Lincoln Way, Ames; Mon-Fri 8 a.m.-5 p.m.

(515) 233-0286

<http://citbus.com/>

Charter, Limousine, and Convention and Shuttle services.

Cyclone Cab

2006 E Lincoln Way, Bldg #2, Ames; Open 24 hours

(515) 233-3324

<http://www.taxiserviceames.com/>

Taxi service, airport shuttle service, and medical appointment transportation.

CyRide

Office: 1700 University Blvd, Ames; Mon-Fri 8 a.m.-6 p.m., Sat 12-5 p.m.

(515) 292-1100

<http://www.cyride.com/index.aspx?page=1>

ISU campus and Ames city bus system. ISU students with a current ISUCard ride free. Regular fare is \$1.25 (\$0.60 for reduced fare and free for children 5 years and younger). Monthly and yearly passes are available for purchase.

HIRTA Dial-A-Ride: CyRide

721 E Lincoln Way, Ames; Mon-Fri 7:30 a.m.-4:30 p.m.

(877) 686-0029

<http://www.cyride.com/index.aspx?page=1257>

Door-to-door service within Ames for individuals with disabilities. Rides must be scheduled by 4:30 p.m. of the night before travel.

HIRTA Regional Transportation

(877) 686-0029

Services offered throughout Story County. Anyone can access this service. Must reserve 24 hours in advance. \*\*Available for medical trips to Des Moines hospitals/clinics.\*\* \$2 one way in Ames and \$4 outside of Ames.

**Jefferson Lines-College Connection**

Ames Intermodal Station, 129 Hayward Ave, Ames (tickets, information and pickup location);

Mon-Fri 9 a.m.-1 p.m. and 2-5 p.m.

(515) 232-2404

<https://www.jeffersonlines.com/college-connection/iowa-state-university-science-technology.asp>

Bus company that provides scheduled service and group travel services.

**Volunteer Transportation Program**

(515) 292-8890 or (515) 733-4917

Provides transportation to Story County residents. Priority given to those needing rides to in-county medical appointments. Must reserve 48 hours in advance.

**Iowa Department of Transportation (DOT)**

3708 Lincoln Way, Ames

(515) 296-2393

<http://www.iowadot.gov/index.html#/services>

**Transportation Assistance**

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City of Ames Community Development Block Grant (CDBG) Transportation Assistance Program

City Hall, 515 Clark Ave

(515) 239-5380

<http://www.cityofames.org/index.aspx?page=1974>

Assists eligible low-income households with transportation needs. The applicant may select 1 type of assistance (a \$250 fuel voucher, 3 full months of CyRide passes, or \$100 in HIRTA Bucks). Processed on first-come, first-served basis. Must be an Ames resident.

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## **\*Job Placement\***

### **Ames**

#### **Employment Agencies**

Express Employment Professionals  
1110 Buckeye Ave, Ames; Mon-Fri 8 a.m.-5 p.m.  
(515) 233-5933  
<http://www.expresspros.com/amesia/>  
Offers full-time, part-time, and temporary positions.

Jacobson Staffing  
319 Lincoln Way, Ames; Mon-Fri 8 a.m.-4:30 p.m.  
(515) 233-1045  
Temp agency.

Manpower  
1103 Buckeye Ave #101, Ames  
(515) 232-2340  
<http://www.manpower.us/en/Offices/default.htm?&service-lob=s&preferred-language=en&preferred-country=us&hcmid=fsos-ia001&>  
Offers permanent, temporary and temporary-to-permanent placement, employee assessment and selection, training, and consulting services.

PROMISE JOBS  
122 Kellogg Ave, Ames  
(515) 232-6859  
<http://www.iowaworkforce.org/region11/promisejobs.htm>  
Welfare reform program. Assists FIP recipients to become self-sufficient. Offers career transition, money management, education, training, parenting skills, etc.

QPS Employment Group  
2010 Philadelphia St #3, Ames; Mon-Fri 8 a.m.-4 p.m.  
(515) 266-6700



<http://www.qpsemployment.com/>

Offers temporary, tem-to-hire, and direct-hire job opportunities.

## ***Colo/Nevada***

### **Employment Agencies**

Experience Works  
25808 680<sup>th</sup> Ave, Colo  
(641) 377-2845

<http://www.experienceworks.org/site/PageServer>

Provides training, community services, and employment opportunities for older workers.

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## **\*Recreation\***

### ***ISU Campus***

#### **Gyms**

Beyer Hall  
ISU Campus

<http://www.recservices.iastate.edu/facilities/beyer>

Features a pool and basketball, volleyball, racquetball and squash courts.

Lied Recreation Athletic Center

ISU Campus  
(515) 294-7140

<http://www.recservices.iastate.edu/facilities/lie>

Features indoor tracks, steam rooms, weight room/fitness area and racquetball, basketball, volleyball and badminton courts.

State Gym

ISU Campus  
(515) 294-4980

<http://www.recservices.iastate.edu/facilities/stategym>

Features a pool, weight room/fitness area and basketball, volleyball and badminton courts.

#### **Libraries**

Iowa State University Parks Library  
Osborn Dr & Morrill Rd, ISU Campus  
(515) 294-3642

<http://www.lib.iastate.edu/info/6000>

#### **Museums**

Brunner Art Museum

2<sup>nd</sup> floor of the Scheman Building, ISU Campus; Tue-Fri 11 a.m.-4 p.m., Sat-Sun 1-4 p.m.  
(515) 294-3342

<http://www.museums.iastate.edu/BAM.html>

Decorative arts collection. Cost is free (suggested donation of \$3 per visitor). Open to the community.

#### Christian Petersen Art Museum

1017 and 0003 Morrill Hall, ISU Campus; Mon-Fri 11 a.m.-4 p.m.

(515) 294-3342

<http://www.museums.iastate.edu/CPAM.html>

Works of art by Christian Peterson and works of contemporary art. Cost is free (suggested donation of \$3 per visitor). Open to the community.

#### Farm House Museum

Farm House, ISU Campus; Mon-Fri 12-4 p.m.

(515) 294-3342

<http://www.museums.iastate.edu/Farm%20House.html>

Monument to early Iowa State history and culture. Cost is free (suggested donation of \$3 per visitor). Open to the community.

### **Additional Campus Entertainment**

#### Bowling & Billiards

Memorial Union Lower Level

(515) 294-1233

[http://www.sac.iastate.edu/en/arts\\_entertainment/cybowl\\_billiards/bowling\\_and\\_billiards/](http://www.sac.iastate.edu/en/arts_entertainment/cybowl_billiards/bowling_and_billiards/)

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### **Golf Courses**

#### Ames Golf & Country Club

5752 George Washington Carver Ave, Ames

(515) 232-8334

<http://www.amesgolfcc.com/>

#### Coldwater Golf Links

1400 S Grand Ave, Ames

(515) 233-4664

<http://www.coldwatergolf.com/>

#### Homewood Golf Course

401 E 20<sup>th</sup> St, Ames

(515) 239-5363

<http://www.cityofames.org/index.aspx?page=503&recordid=56>

#### Veenker Memorial Golf Course

1935 Stange Rd, Ames

<http://www.veenkergolf.com/>

### **Libraries**

#### Ames Public Library

515 Douglas Ave, Ames; Mon-Thu 9 a.m.-9 p.m., Fri-Sat 9 a.m.-6 p.m., Sun 1-5 p.m.

(515) 239-5646

<http://www.amespubliclibrary.org/>

### **Movie Theatres**

#### Cinemark Movies 12

1317 Buckeye Ave, Ames

(515) 232-5066

### **Parks**

Ada Hayden Heritage Park

5205 Grand Ave, Ames  
(515) 239-5360

<http://www.cityofames.org/index.aspx?page=503&recordid=61>

Features a fishing lake, hiking and biking trails, picnic shelter and wetlands for bird-watching.

Ames Dog Park

605 Billy Sunday Rd, Ames; Mon-Fri 6 a.m.-8 p.m., Sat 9 a.m.-1 p.m., Sun 3-7 p.m.  
(515) 239-5355

<http://www.cityofames.org/index.aspx?page=503&recordid=59>

Must obtain a Facility Use Permit.

Bandshell Park

6<sup>th</sup> St & Duff Ave, Ames  
(515) 239-5365

<http://www.cityofames.org/index.aspx?page=471&recordid=9>

Features a picnic area and playground.

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Brookside Park

1325 6<sup>th</sup> St, Ames  
(515) 239-5350 (for reservations)

<http://www.cityofames.org/index.aspx?page=471&recordid=18>

Features volleyball and tennis courts, ball fields and a wading pool.

Charles & June Calhoun Park

4320 Dawes Dr, Ames

<http://www.cityofames.org/index.aspx?page=503&recordid=60>

Features a picnic area.

Christofferson Park

2130 Oakwood Rd, Ames

<http://www.cityofames.org/index.aspx?page=503&recordid=13>

Features a playground and walking path.

Christopher Gartner Park

400 Abraham Dr, Ames  
(515) 239-5350 (for reservations)

<http://www.cityofames.org/index.aspx?page=503&recordid=78>

Features a playground and paved bike path.

Country Gables Park

500 Crystal St, Ames

<http://www.cityofames.org/index.aspx?page=503&recordid=77>

Features basketball courts and a playground.

Daley Park

340 Wilder Blvd, Ames  
(515) 239-5350 (for reservations)

<http://www.cityofames.org/index.aspx?page=503&recordid=76>

Features basketball courts, a picnic area, and a walking path and paved bike path.

Duff Park

1323 Duff Ave, Ames

<http://www.cityofames.org/index.aspx?page=503&recordid=348>

Features basketball courts and a playground.

Emma McCarthy Lee Park

Ross Rd, Ames

(515) 239-5350 (for reservations)

<http://www.cityofames.org/index.aspx?page=503&recordid=51>

Features a playground, and tennis and sand volleyball courts.

Franklin Park

147 S Franklin Ave, Ames

<http://www.cityofames.org/index.aspx?page=503&recordid=75>

Features basketball courts.

Gateway Park

1500 Gateway Hills Park Drive, Ames

(515) 239-5349 (for tournament and outing reservations)

<http://www.cityofames.org/index.aspx?page=503&recordid=357>

Features free disc golf.

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Greenbriar Park

1120 S 16<sup>th</sup> St, Ames

<http://www.cityofames.org/index.aspx?page=503&recordid=57>

Features a walking path.

Hutchison Park

4517 Hutchison, Ames

<http://www.cityofames.org/index.aspx?page=503&recordid=73>

Features basketball courts.

Inis Grove Park

2500 Duff Ave, Ames

(515) 239-5350 (for reservations)

<http://www.cityofames.org/index.aspx?page=503&recordid=54>

Features a nature area and playground, basketball courts and horseshoes.

Lloyd Kurtz Park

Bloomington Rd & Hyde, Ames

<http://www.cityofames.org/index.aspx?page=503&recordid=72>

Features basketball and sand volleyball courts.

Moore Memorial Park

3050 Northridge Parkway, Ames

(515) 239-5350 (for reservations)

<http://www.cityofames.org/index.aspx?page=503&recordid=52>

Features a nature area and playground, a walking path and paved bike path.

Moore Park (Beach Ave)

1101 Beach Ave, Ames

<http://www.cityofames.org/index.aspx?page=503&recordid=71>

Features basketball courts.

Old Town Park  
826 Douglas Ave  
<http://www.cityofames.org/index.aspx?page=503&recordid=70>  
Features a playground.

O'Neil Park  
300 South Maple Ave, Ames  
<http://www.cityofames.org/index.aspx?page=503&recordid=69>  
Features basketball courts, ballfields and a playground.

Parkview Park  
2501 Pierce  
<http://www.cityofames.org/index.aspx?page=503&recordid=68>  
Features basketball courts.

Patio Homes West Park  
1515 Idaho, Ames  
<http://www.cityofames.org/index.aspx?page=503&recordid=67>  
Features basketball courts.

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River Valley Park  
725 E 13<sup>th</sup> St, Ames  
(515) 239-5350 (for reservations)  
<http://www.cityofames.org/index.aspx?page=503&recordid=53>  
Features sand volleyball courts, horseshoes and a nature area.

Skate Park  
Brookside Park, 1330 6<sup>th</sup> St, Ames; Open from daylight to 10:30 p.m.  
<http://www.cityofames.org/index.aspx?page=503&recordid=173>  
Accommodates skateboards and inline states only.

Squaw Creek Park  
South Maple and 4<sup>th</sup> St, Ames  
<http://www.cityofames.org/index.aspx?page=503&recordid=55>  
Features a paved bike path and community gardens.

Stuart Smith Park  
1501 S 4<sup>th</sup> St, Ames  
(515) 239-5120  
<http://www.cityofames.org/index.aspx?page=503&recordid=66>  
Features a playground and paved bike path.

Teagarden Park  
3501 Emerald Dr, Ames  
<http://www.cityofames.org/index.aspx?page=503&recordid=65>  
Features a playground.

**Parks & Recreation Centers**  
City of Ames Community Center  
515 Clark Ave, Ave  
(515) 239-5350

<http://www.cityofames.org/index.aspx?page=503&recordid=352>

Offers open gym, Play Pals indoor playground, adult badminton, drop in basketball, volleyball, and a weight room and cardio room.

City of Ames Parks and Recreation  
1500 Gateway Hills Park Dr, Ames  
(515) 239-5350

<http://www.cityofames.org/index.aspx?page=138>

Offers adult recreation and sports leagues, youth recreation, fitness classes and wellness programs.

### **Pools**

Furman Aquatic Center  
1635 13<sup>th</sup> St, Ames

(515) 239-5434 (for updated hours and cancellation info)

<http://www.cityofames.org/index.aspx?page=503&recordid=58>

Includes a recreational pool, lazy river and 50 meter pool. "Aqua Route" (CyRide bus) runs daily throughout the summer.

Municipal Indoor Pool  
1925 Ames High Dr, Ames  
(515) 232-4561

<http://www.cityofames.org/index.aspx?page=503&recordid=101>

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### **Additional Community Entertainment**

Ames/ISU Ice Arena  
1507 Gateway Hills Park Dr, Ames  
(515) 292-6835

<http://www.cityofames.org/index.aspx?page=503&recordid=359>

Features ice skating and recreational adult hockey league. Birthday parties may be hosted in the "Igloo."

Durham Bandshell (located at Bandshell Park)  
6<sup>th</sup> St & Duff Ave, Ames

<http://www.cityofames.org/index.aspx?page=503&recordid=358>

Concert venue and concession stands.

Perfect Games  
1320 Dickinson Ave, Ames  
(515) 598-2695

<http://perfectgamesinc.com/PG/index.php/en/>

Offers bowling, an arcade, laser tag, pizza and sports bar.

Reiman Gardens  
1407 University Blvd, Ames; Mon-Sun 9 a.m.-4:30 p.m.  
(515) 294-2710

<http://www.reimangardens.com/>

Explore a large variety of plants, unique art and architecture, and tropical butterflies. Children to adult-age are welcome.

## ***Colo/Nevada***

### **Libraries**

Colo Public Library

309 Main St, Colo; Mon/Thu/Fri 11 a.m.-6 p.m., Wed 11 a.m.-8 p.m., Sat 9 a.m.-4 p.m.  
(641) 377-2900  
<http://www.colorado.lib.ia.us/>

Nevada Public Library  
631 K Ave, Nevada; Mon-Thu 10 a.m.-8 p.m., Fri 10 a.m.-6 p.m., Sat 10 a.m.-4 p.m.  
(515) 382-2628  
<http://www.nevada.lib.ia.us/>

### **Parks**

4-H Park/Meadow Lane  
Intersection of I Ave & 1<sup>st</sup> St, Nevada  
Features basketball courts and a playground.

Harrington Park  
Lincoln Highway, Nevada  
Features softball diamonds and sand volleyball courts, a disc golf course, and skate park.

Walker-Hattery Park  
Q Ave & 6<sup>th</sup> St, Nevada  
Features basketball courts.

Kiwanis Park  
11<sup>th</sup> St at F Ave, Nevada  
Features space for baseball, softball and soccer.

Mardean Park  
South 12<sup>th</sup> St & South I Ave, Nevada  
Features a baseball field and basketball courts.

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### **Parks & Recreation Centers**

Colo-Nesco Park & Recreation  
<http://www.colonescorec.org/>

***\*Provides recreational activities for all ages in Colo, Zearing, McCallsburg and surrounding communities.***

Nevada Parks & Recreation  
825 15<sup>th</sup> St, Ames  
(515) 382-4325  
<http://www.cityofnevadaiaowa.org/nevada-departments-parks.php>  
Offers aquatics, sports, social/cultural, wellness, instructional, trips, and special events for all ages.

S.C.O.R.E Recreation/Athletic Complex 4-Plex  
825 15<sup>th</sup> St, Nevada  
(515) 382-4352 (for field rental, tournaments and league play)  
[http://www.cityofnevadaiaowa.org/pdf/SCORE\\_Facility\\_Use\\_Agreement.pdf](http://www.cityofnevadaiaowa.org/pdf/SCORE_Facility_Use_Agreement.pdf)  
Includes 4 tournament lighted fields and concession stands.

### **Pools**

Fawcett Family Aquatic Center  
1717 Fawcett Parkway, Nevada  
<http://www.cityofnevadaiaowa.org/nevada-departments-parks-aquatic.php>  
Outdoor facility with waterslides, water play features, sand volleyball, sand play area, shade funbrellas, lounge chairs, lap swimming area, diving board, and concession stands.



### **Additional Community Activities**

Indian Creek Golf Course  
63012 260<sup>th</sup> St, Nevada; Mon –Fri 7 a.m.-5 p.m.  
(515) 382-9070  
<http://indiancreekcc.com/>

Sports Bowl  
1229 12<sup>th</sup> St, Nevada  
(515) 382-2500  
Bowling alley.

### ***Gilbert/Milford Twp/Roland/Story City***

#### **Golf Courses**

Riverbend Golf Course  
720 Forest Ave, Story City  
(515) 733-2611  
<http://www.riverbendgc.net/>

#### **Libraries**

Bertha Bartlett Public Library  
503 Broad St, Story City; Mon/Tue/Thu 10 a.m.-8 p.m., Wed/Fri/Sat 10 a.m.-5 p.m., Sun 1-5 p.m.  
(515) 733-2685  
<http://www.storycity.lib.ia.us/>

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Roland Public Library  
221 N Main St, Roland; Mon-Fri 10 a.m.-7 p.m., Sat 10 a.m.-4 p.m.  
(515) 388-4086  
<http://www.roland.lib.ia.us/>

#### **Parks**

Banford Park; Lions Park; Upstill Park  
Gilbert  
<http://cityofgilbertiowa.com/education-recreation/parks/>  
Features soccer and baseball fields.

Britson Park & Athletic Complex  
South Side of Maple Street (County Rd E-18), Roland  
Features 2 softball/little league baseball fields and a large open area for soccer.

Erickson Park  
East Maple St & North Park St, Roland  
Features a playground area.

Jacobson Bear Creek Park  
Samson St, Roland  
Nature park.

Pool Park  
West Maple St & Norsemen Dr, Roland  
Features a swimming pool and basketball and tennis courts.

#### **Parks & Recreation Centers**

Gilbert Parks and Recreation  
119 Christian Petersen, Gilbert  
(515) 290-9687

<http://www.gilbertyouthsports.com/index.html>

Offers sports programs for youth in the Gilbert area.

Story City Recreation Center  
826 Elm Ave, Story City; Mon-Fri 9 a.m.-5 p.m.  
(515) 733-2458

<http://cityofstorycity.org/parksandrec/>

### **Pools**

Roland Municipal Swimming Pool  
Roland

<http://cityofroland.org/parks-and-rec/roland-municipal-swimming-pool/>

### **Additional Community Entertainment**

Storybook Orchard  
12832 Royal Orchard Dr, Story City  
(515) 733-4474  
Apple orchard.

Story City Carousel  
102 City Park, Story City; Mon-Fri 9 a.m.-5 p.m.  
(515) 733-4214

<http://www.storycity.net/antique-carousel/>

Amusement center.

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*Huxley/Kelley/Sneidani/Slater*

### **Libraries**

Huxley Public Library  
515 N Main Ave, Huxley (2<sup>nd</sup> floor)  
(515) 597-2552

<http://www.huxleyiowa.org/Public-Library/Library-Home/>

Slater Public Library  
105 N Tama, Slater; Mon-Thu 10 a.m.-7 p.m., Fri 10 a.m.-5 p.m., Sat 10 a.m.-12 p.m.  
(515) 228-3558

<http://www.slaterlibrary.org/>

### **Parks**

Berhow Park  
509 ½ East 5<sup>th</sup> St, Huxley  
<http://www.huxleyiowa.org/Parks-and-Rec/berhow-park.html>

Features a walking trail.

Centennial Park  
1003 Timberlane Dr, Huxley  
<http://www.huxleyiowa.org/Parks-and-Rec/centennial-park.html>  
Features 2 baseball diamonds and basketball and tennis courts.

Earl Grimm Park  
5<sup>th</sup> & Greene St, Slater  
Features a swimming pool, a little league baseball diamond/adult softball diamond, and tennis courts.

Larson Family Sports Fields  
1020 Timberlane Dr, Huxley

<http://www.huxleyiowa.org/Parks-and-Rec/larson-family-sports-fields.html>

Features soccer and flag football fields.

Memorial Park  
114 S Main Ave, Huxley

<http://www.huxleyiowa.org/Parks-and-Rec/memorial-park.html>

Features a community monument and living memorial garden.

Nelson Park  
3<sup>rd</sup> & Benton

Features playground equipment and a stage.

Nord-Kalsem  
204 W 5<sup>th</sup> St, Huxley

<http://www.huxleyiowa.org/Parks-and-Rec/nord-kalsem.html>

Features 2 softball diamonds, a basketball court and concession stand.

Railroad Park  
100 W Railway St, Huxley

<http://www.huxleyiowa.org/Parks-and-Rec/railroad-park.html>

Features an access point to the Heart of Iowa Nature Trail.

Southside Park  
South on Marshall St, Slater

Features soccer fields.

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Trailridge Park  
411 S 560<sup>th</sup> Ave

<http://www.huxleyiowa.org/Parks-and-Rec/trailridge-park.html>

Features access to the Heart of Iowa Nature Trail.

### **Parks & Recreation Centers**

Huxley Parks & Recreation  
City of Huxley, 515 N Main Ave, Huxley  
(515) 597-2561

<http://www.huxleyiowa.org/Parks-and-Rec/parks-a-recreation-department.html>

Offers educational and recreational activities and programs.

Slater Parks and Recreation  
Slater

<http://slateriowa.org/Recreation--and--Pool-Info.php>

### **Pools**

Slater Municipal Swimming Pool  
702 4<sup>th</sup> (4<sup>th</sup> & Greene), Slater  
(515) 685-3334

<http://slateriowa.org/Pool-Info.php>

## ***Cambridge/Collins/Maxwell***

### **Libraries**

Cambridge Memorial Library  
224 Water St, Cambridge  
(515) 220-4542

<http://www.cambridge.lib.ia.us/>

Collins Public Library  
212 Main St, Collins  
(641) 385-2464

<http://www.collinspubliclibraryia.org/>

Maxwell Public Library  
107 Main St, Maxwell  
(515) 387-8780

<http://www.maxwell.lib.ia.us/>

### **Parks**

Legion Park  
700 1<sup>st</sup> St, Maxwell  
Features soccer, baseball and softball fields.

Maxwell City Park  
Features a softball/baseball field.

Scout Park  
205 Woodlawn St, Maxwell  
Located near the soccer fields.

### **Parks & Recreation Centers**

Collins-Maxwell Youth and Adult Recreation  
Maxwell

<http://www.welcometomaxwell.com/youth>

*McCallsburg/Zearing*

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### **Libraries**

Zearing Public Library  
101 E Main St, Zearing  
(641) 487-7888

<http://www.zearing.lib.ia.us/>

### **Parks**

McCallsburg City Park  
630 Main St, McCallsburg  
(515) 434-2243

[http://www.mccallsburg.com/Parks Recreation.html](http://www.mccallsburg.com/Parks_Recreation.html)

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